

# BOXING 101 Quiz 4 Study guide

## USA Olympic committee history & KO Boxing mission statement

### QUIZ 4

(4 questions on USOC) (4 questions on KO Mission statement)

When the International Olympic Committee was founded in 1894, the two constituent American members, James Edward Sullivan and William Milligan Sloane, formed a committee to organize the participation of U.S. athletes in the inaugural modern Olympic Games to be contested two years later in Athens, Greece. The formal committee, initially named the American Olympic Association, was formed at a meeting in November 1921 at the New York Athletic Club.

In 1940, the AOA changed its name to the United States of America Sports Federation and, in 1945, changed it again to the United States Olympic Association. Public Law 805, which granted the USOA a federal charter, was enacted in 1950 and enabled the USOA to solicit tax-deductible contributions as a private, nonprofit corporation. In 1961, when major constitutional revisions were made, the name of the USOA was changed to its current designation – United States Olympic Committee.

In 1978, the passage of The Amateur Sports Act (now The Ted Stevens Olympic and Amateur Sports Act – revised in 1998) as federal law appointed the USOC as the coordinating body for all Olympic-related athletic activity in the United States. It specifically named the USOC coordinating body for athletic activity in the United States directly relating to international competition, including the sports on the programs of the Olympic, Paralympic, Pan American and Parapan American Games. The USOC was also tasked with promoting and supporting physical fitness and public participation in athletic activities by encouraging developmental programs in its member organizations.

The act included provisions for recognizing National Governing Bodies for the sports on the Olympic, Paralympic, Pan American and Parapan American Games programs and gave the USOC the general authority, on a continuing basis, to review matters related to the recognition of NGBs in the act. This public law not only protects the trademarks of the IOC and USOC, but also gives the USOC exclusive rights to the words "Olympic," "Olympiad" and "Citius, Altius, Fortius," as well as Olympic-related symbols in the United States.

The law also requires all governance councils of the USOC and NGBs to have at least 20 percent membership and voting power by "recent and active" athletes.

The USOC moved its headquarters from New York City to Colorado Springs, Colo., on July 1, 1978. Thanks to the generous support of the City of Colorado Springs and its residents, the USOC headquarters moved to its present location in downtown Colorado Springs in April 2010, while the previous site (two miles away) remains a U.S. Olympic Training Center.

# **KO BOXING Mission Statement**

## **Our Mission**

Our goal is to provide the community the opportunity to learn the art of boxing, have support in their personal fitness journey, be healthy, and get in shape through K.O. fitness training in a safe and comfortable environment. K.O. promotes and enhances the physical and emotional well-being and social development of youth, children, athletes, non-athletes and adults of all ages; develops individual athletic skills, work ethic, discipline, sportsmanship, self-respect, respect for others and pride; and provides health awareness to citizens of the community. We encourage our members to improve mentally and spiritually as well as physically.

We pledge not only to teach boxing, self-defense, fitness, sport skills, how to be fit and healthy, but life skills to all our members. We gladly accept our roles as mentors and role models for the youth of our community and a support group for the adults in need of weight loss, increased strength and improved cardiovascular health. We see this as our responsibility as well as our privilege. We encourage individuals and families to lead healthier lifestyles and assist them in reaching their goals through our one-of-a-kind programs, which focus on learning and improving. We strive to improve the lives of as many individuals as possible with the positive influences of our K.O. trained and qualified coaching staff.